



Integrative Healers
ACTION NETWORK

Firefighter Health & Toxic Exposure:

Population Risk, Assessment, and Treatment Models

Thursday, April 23, 2026 |
Long Beach Fire Dept Headquarters

8:30 AM - 5:30 PM (full training)
8:30 AM - 12:30 PM (didactic training only)

Pre-CNDA Conference Training
In-person & digital attendance available



Continuing Education & Cost

- Up to 7 CE credits available
- \$200 – CNDA attendees & members
- \$250 – Non-members
- \$50 discount for digital attendance
- Limited space available

WHY THIS TRAINING MATTERS

- Firefighters have elevated occupational toxin exposure
- Reduced life expectancy and higher cancer rates
- Increased cardiopulmonary and neurologic morbidity
- Large and growing patient population across California
- Clinicians need specialized training to assess and treat firefighters effectively

TRAINING STRUCTURE

- 4-hour didactic foundation covering firefighter exposure patterns, assessment, testing, and treatment
- 3-hour supervised applied clinical training with direct experience treating firefighters using established detoxification protocols
- Lunch provided

In Partnership With:



Firefighters as a Unique Clinical Population



Toxin Exposure & Health Impacts in Firefighting



Clinical Assessment & Testing Strategies



Treatment Models for Detoxification & Recovery



Questions? ✉ jenny@ihanclinics.org 🌐 www.ihanclinics.org